

**Manitoba 2011 Provincial Championships
for Masters Swimming**

Results

Women 25-29 50 SC Meter Freestyle

1	Kardash, Larisa	26	MMAC	28.21
2	Mostaco-Guidolin, Leila B	28	MMAC	33.37
3	Lambert, Stephanie	25	MMAC	33.61
4	Hagans, Amber	26	Flying Tigers-MB	38.54

Women 25-29 100 SC Meter Freestyle

1	Kardash, Larisa	26	MMAC	1:02.56
	31.15	1:02.56		
2	Mostaco-Guidolin, Leila B	28	MMAC	1:14.28
	35.01	1:14.28		
3	Lambert, Stephanie	25	MMAC	1:15.13
	35.53	1:15.13		
4	Hagans, Amber	26	Flying Tigers-MB	1:26.50
	38.29	1:26.50		

Women 25-29 200 SC Meter Freestyle

1	Mostaco-Guidolin, Leila B	28	MMAC	2:47.47
	35.75	1:17.30	2:03.09	2:47.47

Women 25-29 400 SC Meter Freestyle

1	Mostaco-Guidolin, Leila B	28	MMAC	6:09.71
	39.76	1:24.94	2:12.22	3:00.03
	3:48.16	4:36.09	5:24.64	6:09.71

Women 25-29 800 SC Meter Freestyle

1	Mostaco-Guidolin, Leila B	28	MMAC	12:29.86
	42.17	1:28.63	2:16.26	3:03.38
	3:50.35	4:37.26	5:25.24	6:13.35
	7:01.42	7:50.23	8:37.33	9:25.83
	10:13.41	11:00.94	11:48.83	12:29.86

Women 25-29 50 SC Meter Backstroke

1	Kardash, Larisa	26	MMAC	32.74
2	Lambert, Stephanie	25	MMAC	37.20
3	Mostaco-Guidolin, Leila B	28	MMAC	37.66
4	Hagans, Amber	26	Flying Tigers-MB	44.45

Women 25-29 100 SC Meter Backstroke

1	Lambert, Stephanie	25	MMAC	1:20.96
	39.24	1:20.96		
2	Mostaco-Guidolin, Leila B	28	MMAC	1:27.95
	42.80	1:27.95		

Women 25-29 200 SC Meter Backstroke

1	Mostaco-Guidolin, Leila B	28	MMAC	3:01.97
	41.48	1:27.59	2:15.05	3:01.97

Women 25-29 50 SC Meter Butterfly

1	Hagans, Amber	26	Flying Tigers-MB	45.27
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Women 25-29 100 SC Meter IM

1	Kardash, Larisa	26	MMAC	1:11.15
	32.92	1:11.15		
2	Lambert, Stephanie	25	MMAC	1:26.96
	39.54	1:26.96		
3	Hagans, Amber	26	Flying Tigers-MB	1:37.67
	43.21	1:37.67		

Women 30-34 1500 SC Meter Freestyle

1	Lee, Kimberly	34	MMAC	27:19.60
	45.38	1:36.80	2:31.40	3:26.80
	4:24.27	5:20.52	6:16.66	7:11.81
	8:06.81	9:00.14	9:54.70	10:49.49
	11:44.74	12:39.54	13:33.69	14:28.61
	15:22.99	16:18.28	17:13.79	18:09.65
	19:04.79	20:01.93	20:57.18	21:52.76
	22:47.45	23:43.06	24:38.79	25:34.01
	26:28.71	27:19.60		

Women 35-39 100 SC Meter Freestyle

1	Jarrett, Jo	39	Flying Tigers-MB	1:16.31
	35.31	1:16.31		

Women 35-39 100 SC Meter Breaststroke

1	Jarrett, Jo	39	Flying Tigers-MB	1:36.71
	45.29	1:36.71		

Women 40-44 50 SC Meter Freestyle

1	Chomichuk, Diana	43	Flying Tigers-MB	38.28
2	Highmoor, Lisa	44	Flying Tigers-MB	41.25

Women 40-44 100 SC Meter Freestyle

1	Sabiston, Cynthia M	41	MMAC	1:34.09
	43.73	1:34.09		
2	Chomichuk, Diana	43	Flying Tigers-MB	1:35.35
	42.75	1:35.35		

Women 40-44 200 SC Meter Freestyle

1	Sabiston, Cynthia M	41	MMAC	3:31.35
	46.85	1:39.69	2:34.12	3:31.35
2	Chomichuk, Diana	43	Flying Tigers-MB	3:42.12
	44.29	1:38.83	2:40.75	3:42.12

Women 40-44 800 SC Meter Freestyle

1	Gill, Tara	42	Flying Tigers-MB	17:19.95
	57.31	2:02.38	3:08.38	4:13.03
	5:19.20	6:26.77	7:32.53	8:38.57
	9:43.33	10:49.44	11:55.02	13:01.36
	14:06.56	15:11.29	16:17.00	17:19.95

Women 40-44 1500 SC Meter Freestyle

--	Gill, Tara	42	Flying Tigers-MB	DQ
	55.70	1:58.61	3:01.02	4:04.64
	5:08.89	6:13.92	7:20.11	8:25.79
	9:34.94	10:41.22	11:46.81	12:53.56
	14:00.30	15:08.57	16:16.60	17:22.83
	18:31.74	19:40.97	20:51.14	22:01.82
	23:12.23	24:23.98	25:34.49	26:43.82
	27:54.71	29:02.98	30:11.39	31:20.66
	32:30.58	DQ		

Women 40-44 50 SC Meter Backstroke

1	Chomichuk, Diana	43	Flying Tigers-MB	54.65
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Women 40-44 100 SC Meter Backstroke

1	Highmoor, Lisa	44	Flying Tigers-MB	2:01.60
	58.46	2:01.60		
2	Chomichuk, Diana	43	Flying Tigers-MB	2:06.88
	1:00.62	2:06.88		

**Manitoba 2011 Provincial Championships
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Results

Women 40-44 50 SC Meter Breaststroke

1	Chomichuk, Diana	43	Flying Tigers-MB	48.63
2	Highmoor, Lisa	44	Flying Tigers-MB	59.93

Women 40-44 100 SC Meter Breaststroke

1	Chomichuk, Diana	43	Flying Tigers-MB	1:49.50
				51.67 1:49.50

Women 40-44 100 SC Meter Butterfly

1	Clark, Lynne	41	MMAC	1:45.95
				48.07 1:45.95

Women 40-44 100 SC Meter IM

1	Clark, Lynne	41	MMAC	1:34.82
				47.23 1:34.82
2	Chomichuk, Diana	43	Flying Tigers-MB	1:46.64
				53.58 1:46.64

Women 40-44 400 SC Meter IM

1	Clark, Lynne	41	MMAC	7:22.63
				49.03 1:46.44 2:46.47 3:45.95
				4:45.18 5:45.02 6:34.52 7:22.63

Women 45-49 50 SC Meter Freestyle

1	Horne, Ruth	46	MMAC	29.95
2	Goldhawk, Cheryl	48	MMAC	31.16

Women 45-49 100 SC Meter Freestyle

1	Horne, Ruth	46	MMAC	1:06.75
				30.75 1:06.75

Women 45-49 400 SC Meter Freestyle

1	Horne, Ruth	46	MMAC	5:11.62
				34.23 1:12.66 1:52.42 2:32.85
				3:13.09 3:53.45 4:32.88 5:11.62
2	McDonald, Tracie	46	BBSS-MB	8:13.16
				53.24 1:54.12 2:56.53 3:59.66
				5:02.50 6:06.65 7:10.90 8:13.16

Women 45-49 800 SC Meter Freestyle

1	McDonald, Tracie	46	BBSS-MB	17:08.76
				58.28 2:01.61 3:05.69 4:10.44
				5:16.01 6:21.46 7:25.85 8:30.56
				9:35.24 10:40.01 11:45.20 12:49.70
				13:55.73 15:00.89 16:05.39 17:08.76

Women 45-49 1500 SC Meter Freestyle

1	McDonald, Tracie	46	BBSS-MB	32:44.77
				55.53 1:58.21 3:02.21 4:06.32
				5:10.72 6:16.35 7:23.06 8:29.70
				9:36.44 10:42.33 11:48.70 12:54.13
				14:00.23 15:05.56 16:10.10 17:14.63
				18:19.19 19:23.91 20:29.41 21:34.42
				22:55.33 24:00.18 25:06.18 26:12.26
				27:17.97 28:25.02 29:31.25 30:37.75
				31:42.65 32:44.77

Women 45-49 100 SC Meter Backstroke

1	Horne, Ruth	46	MMAC	1:24.26
				40.24 1:24.26

2	Goldhawk, Cheryl	48	MMAC	1:25.16
				40.80 1:25.16

Women 45-49 50 SC Meter Butterfly

1	Horne, Ruth	46	MMAC	32.50
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Women 45-49 100 SC Meter Butterfly

1	Horne, Ruth	46	MMAC	1:17.20
				35.60 1:17.20

Women 45-49 100 SC Meter IM

1	Goldhawk, Cheryl	48	MMAC	1:20.26
				37.14 1:20.26

Women 45-49 200 SC Meter IM

1	Horne, Ruth	46	MMAC	2:52.12
				34.29 1:20.42 2:12.46 2:52.12

Women 50-54 50 SC Meter Freestyle

1	Laboissiere-lvey, Lynne	51	Mid Can	46.39
2	Roy, Julia	54	Flying Tigers-MB	49.43

Women 50-54 100 SC Meter Freestyle

1	Roy, Julia	54	Flying Tigers-MB	1:52.12
				53.19 1:52.12

Women 50-54 400 SC Meter Freestyle

1	Fisher, Edie	54	KSS	5:28.13
				37.92 1:18.53 2:00.00 2:41.68
				3:23.56 4:05.62 4:47.18 5:28.13

Women 50-54 50 SC Meter Backstroke

1	Laboissiere-lvey, Lynne	51	Mid Can	50.43
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Women 50-54 100 SC Meter Backstroke

1	Laboissiere-lvey, Lynne	51	Mid Can	1:51.10
				54.59 1:51.10

Women 50-54 200 SC Meter Backstroke

1	Laboissiere-lvey, Lynne	51	Mid Can	3:51.80
				54.77 1:53.68 2:54.50 3:51.80

Women 50-54 50 SC Meter Breaststroke

1	Roy, Julia	54	Flying Tigers-MB	57.93
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Women 50-54 100 SC Meter Breaststroke

1	Roy, Julia	54	Flying Tigers-MB	2:04.96
				1:00.04 2:04.96

Women 50-54 50 SC Meter Butterfly

1	Laboissiere-lvey, Lynne	51	Mid Can	52.66
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Women 50-54 100 SC Meter IM

1	Sapirstein, Sheila	51	MMAC	1:35.29
				44.06 1:35.29
2	Laboissiere-lvey, Lynne	51	Mid Can	1:54.01
				51.30 1:54.01
3	Roy, Julia	54	Flying Tigers-MB	2:03.43
				1:01.09 2:03.43

Women 50-54 400 SC Meter IM

1	Fisher, Edie	54	KSS	6:14.85
				41.79 1:29.91 2:18.47 3:05.45
				3:57.43 4:50.38 5:33.68 6:14.85

**Manitoba 2011 Provincial Championships
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Results

Women 55-59 50 SC Meter Freestyle

1 Stafford-Maepea, Sandy 57 TRAY-ON 40:11

Women 55-59 400 SC Meter Freestyle

1 Boulding, Sally 58 BBSS-MB 6:28.52
 44.87 1:33.52 2:22.95 3:12.35
 4:01.67 4:51.12 5:40.08 6:28.52

Women 55-59 800 SC Meter Freestyle

1 Stafford-Maepea, Sandy 57 TRAY-ON 13:14.99

45.19 1:34.65 2:24.97 3:15.48
 4:06.53 4:57.34 5:48.21 6:38.58
 7:28.48 8:19.04 9:09.27 9:59.52
 10:49.61 11:39.26 12:27.99 13:14.99

2 Boulding, Sally 58 BBSS-MB 13:19.50

45.74 1:35.77 2:26.07 3:16.55
 4:06.98 4:57.43 5:48.36 6:39.14
 7:29.23 8:20.53 9:11.23 10:01.88
 10:52.03 11:42.02 12:32.02 13:19.50

3 Mathers, Wanda 58 WPGM-MB 16:10.33

54.29 1:53.39 2:53.97 3:55.45
 4:56.09 5:56.02 6:55.66 8:00.15
 9:01.43 10:03.88 11:06.15 12:08.67
 13:11.22 14:13.26 15:15.47 16:10.33

Women 55-59 1500 SC Meter Freestyle

1 Stafford-Maepea, Sandy 57 TRAY-ON 24:52.14

44.99 1:33.79 2:23.69 3:14.14
 4:04.07 4:54.34 5:44.84 6:35.18
 7:25.53 8:16.04 9:06.35 9:56.94
 10:47.60 11:37.90 12:28.34 13:19.26
 14:09.62 14:59.78 15:49.39 16:38.75
 17:28.49 18:18.14 19:07.89 19:58.20
 20:48.06 21:37.90 22:27.86 23:17.68
 24:05.82 24:52.14

2 Boulding, Sally 58 BBSS-MB 25:01.87

44.71 1:33.78 2:23.48 3:13.37
 4:03.32 4:53.40 5:43.49 6:33.95
 7:24.13 8:14.68 9:04.97 9:55.27
 10:45.60 11:36.22 12:26.93 13:17.89
 14:08.70 14:59.69 15:50.92 16:41.83
 17:32.43 18:23.03 19:13.51 20:03.89
 20:54.37 21:44.41 22:34.88 23:24.70
 24:14.63 25:01.87

3 Selby, Susan 58 MMAC 25:57.64

47.25 1:37.30 2:30.29 3:21.44
 4:14.51 5:07.45 6:00.60 6:52.39
 7:44.95 8:37.88 9:29.72 10:21.48
 11:12.92 12:04.82 12:56.97 13:48.90
 14:40.93 15:33.07 16:24.60 17:17.19
 18:09.25 19:01.16 19:52.86 20:44.91
 21:36.89 22:29.62 23:22.19 24:14.12
 25:06.66 25:57.64

4 Mathers, Wanda 58 WPGM-MB 31:49.62

55.60 1:56.26 2:57.95 4:00.93
 5:02.60 6:05.91 7:09.38 8:13.58
 9:17.49 10:21.39 11:26.43 12:30.78
 13:35.82 14:41.28 15:46.17 16:51.26
 17:54.82 19:00.49 20:05.61 21:10.55
 22:16.69 23:21.15 24:26.14 25:30.15
 26:35.06 27:39.78 28:45.75 29:50.80
 30:55.88 31:49.62

Women 55-59 50 SC Meter Butterfly

1 Stafford-Maepea, Sandy 57 TRAY-ON 51.84

Women 55-59 100 SC Meter IM

1 Stafford-Maepea, Sandy 57 TRAY-ON 1:48.00

50.23 1:48.00

Women 60-64 50 SC Meter Freestyle

1 Dickens, Wenda 61 Mid Can 37.23

Women 60-64 100 SC Meter Freestyle

1 Dickens, Wenda 61 Mid Can 1:23.15

40.25 1:23.15

2 Mymryk, Penny 64 RMSC 1:24.55

41.76 1:24.55

Women 60-64 200 SC Meter Freestyle

1 Dickens, Wenda 61 Mid Can 3:03.22

40.58 1:26.15 2:13.39 3:03.22

Women 60-64 400 SC Meter Freestyle

1 Mymryk, Penny 64 RMSC 6:34.57

45.45 1:36.19 2:26.33 3:17.43
 4:08.08 4:57.71 5:47.01 6:34.57

Women 60-64 50 SC Meter Backstroke

1 Palmer, Francie 60 Mid Can 46.12

Women 60-64 200 SC Meter Backstroke

1 Palmer, Francie 60 Mid Can 3:33.44

49.71 1:42.71 2:38.54 3:33.44

2 Pratt, Margaret 61 WPGM-MB 4:28.62

1:00.40 2:10.23 3:22.27 4:28.62

Women 60-64 50 SC Meter Breaststroke

1 Mymryk, Penny 64 RMSC 50.07

2 Dickens, Wenda 61 Mid Can 52.98

Women 60-64 100 SC Meter Breaststroke

1 Mymryk, Penny 64 RMSC 1:51.33

54.18 1:51.33

Women 60-64 200 SC Meter Breaststroke

1 Mymryk, Penny 64 RMSC 4:00.88

54.77 1:55.43 2:58.13 4:00.88

2 Pratt, Margaret 61 WPGM-MB 4:38.24

1:02.17 2:12.83 3:26.89 4:38.24

Women 60-64 200 SC Meter IM

1 Mymryk, Penny 64 RMSC 3:36.16

46.97 1:46.64 2:48.75 3:36.16

**Manitoba 2011 Provincial Championships
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Results

Women 65-69 50 SC Meter Freestyle

1	Clark, Lesley	65	AM	42.43
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Women 65-69 100 SC Meter Freestyle

1	Clark, Lesley	65	AM	1:36.77
	45.47	1:36.77		
2	Howland, Laurie	67	BBSS-MB	1:42.75
	48.88	1:42.75		

Women 65-69 200 SC Meter Freestyle

1	Howland, Laurie	67	BBSS-MB	3:40.58
	51.24	1:47.21	2:44.71	3:40.58

Women 65-69 50 SC Meter Breaststroke

1	Clark, Lesley	65	AM	56.26
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Women 65-69 100 SC Meter Breaststroke

1	Clark, Lesley	65	AM	1:57.98
	57.16	1:57.98		

Women 65-69 100 SC Meter IM

1	Clark, Lesley	65	AM	1:53.40
	55.91	1:53.40		

Women 70-74 50 SC Meter Freestyle

1	Holland, Bobbie	70	UNATT-MB	53.05
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Women 70-74 100 SC Meter Freestyle

1	Kennedy, Vicki	71	BBSS-MB	2:21.40
	1:08.90	2:21.40		

Women 70-74 50 SC Meter Backstroke

1	Holland, Bobbie	70	UNATT-MB	55.64
2	Kennedy, Vicki	71	BBSS-MB	1:28.22

Women 70-74 50 SC Meter Breaststroke

1	Holland, Bobbie	70	UNATT-MB	1:02.22
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Women 70-74 100 SC Meter Breaststroke

1	Holland, Bobbie	70	UNATT-MB	2:16.69
	1:03.17	2:16.69		
2	Kennedy, Vicki	71	BBSS-MB	2:49.28
	1:19.34	2:49.28		

Women 80-84 50 SC Meter Freestyle

1	Rubin, Clarice	84	BBSS-MB	1:09.96
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Women 80-84 50 SC Meter Backstroke

1	Rubin, Clarice	84	BBSS-MB	1:16.18
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Women 80-84 100 SC Meter Backstroke

1	Rubin, Clarice	84	BBSS-MB	2:44.67
	1:20.88	2:44.67		

Women 80-84 200 SC Meter Backstroke

1	Rubin, Clarice	84	BBSS-MB	5:49.67
	1:17.80	2:50.43	4:19.63	5:49.67

Men 25-29 200 SC Meter Freestyle

1	Martin, Justin	25	Flying Tigers-MB	2:28.46
	32.45	1:10.04	1:50.38	2:28.46
2	Widtfeldt, John	27	MMAC	2:29.36
	33.31	1:11.19	1:50.17	2:29.36

Men 25-29 400 SC Meter Freestyle

1	Martin, Justin	25	Flying Tigers-MB	5:08.29
	33.36	1:10.34	1:48.80	2:28.82
	3:08.17	3:48.85	4:29.40	5:08.29

Men 25-29 1500 SC Meter Freestyle

1	Martin, Justin	25	Flying Tigers-MB	20:55.82
	33.70	1:12.09	1:52.03	2:32.75
	3:13.88	3:55.36	4:37.59	5:20.64
	6:02.54	6:45.94	7:28.95	8:11.08
	8:54.10	9:36.42	10:20.02	11:02.81
	11:46.35	12:29.58	13:12.42	13:56.54
	14:39.44	15:22.34	16:04.99	16:47.65
	17:29.24	18:12.11	18:53.59	19:36.15
	20:17.10	20:55.82		

Men 25-29 50 SC Meter Backstroke

1	Martin, Justin	25	Flying Tigers-MB	34.36
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Men 25-29 100 SC Meter Backstroke

1	Martin, Justin	25	Flying Tigers-MB	1:14.46
	35.80	1:14.46		

Men 25-29 200 SC Meter Backstroke

1	Martin, Justin	25	Flying Tigers-MB	2:39.26
	35.11	1:15.36	1:57.83	2:39.26

Men 25-29 100 SC Meter Breaststroke

1	Widtfeldt, John	27	MMAC	1:27.79
	41.52	1:27.79		

Men 25-29 100 SC Meter Butterfly

1	Martin, Justin	25	Flying Tigers-MB	1:18.40
	36.04	1:18.40		

Men 25-29 200 SC Meter IM

1	Widtfeldt, John	27	MMAC	2:42.25
	34.05	1:16.53	2:03.02	2:42.25

Men 30-34 100 SC Meter Freestyle

1	Coyne, Kevin	30	MMAC	1:06.69
	33.04	1:06.69		

Men 30-34 400 SC Meter Freestyle

1	Breiter, Kevin	30	MMAC	4:48.81
	32.28	1:06.53	1:42.38	2:19.08
	2:56.89	3:34.52	4:12.08	4:48.81

Men 30-34 50 SC Meter Backstroke

1	Coyne, Kevin	30	MMAC	40.09
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Men 35-39 50 SC Meter Freestyle

1	Yeo, Matt	35	KSS	34.92
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Men 35-39 100 SC Meter Freestyle

1	Yeo, Matt	35	KSS	1:19.10
	36.88	1:19.10		

Men 35-39 200 SC Meter Freestyle

1	Yeo, Matt	35	KSS	3:10.22
	40.03	1:28.64	2:19.89	3:10.22

**Manitoba 2011 Provincial Championships
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Results

Men 35-39 400 SC Meter Freestyle

1	Yeo, Matt	35	KSS	6:27.99
	41.46	1:28.73	2:18.32	3:08.67
	4:00.68	4:50.22	5:39.34	6:27.99

Men 35-39 800 SC Meter Freestyle

1	Yeo, Matt	35	KSS	13:36.01
	43.18	1:31.50	2:23.13	3:13.50
	4:06.77	5:00.00	5:52.81	6:46.29
	7:39.54	8:32.40	9:19.82	10:11.03
	11:01.39	11:53.26	12:45.83	13:36.01

Men 35-39 1500 SC Meter Freestyle

1	Yeo, Matt	35	KSS	26:05.65
	45.35	1:36.61	2:29.28	3:21.71
	4:13.47	5:06.69	6:01.07	6:50.61
	7:43.19	8:34.51	9:27.01	10:18.70
	11:11.81	12:06.12	12:57.79	13:51.34
	14:43.94	15:35.65	16:26.22	17:18.93
	18:11.62	19:04.79	20:00.03	20:53.11
	21:45.62	22:38.70	23:32.15	24:27.55
	25:21.65	26:05.65		

Men 40-44 50 SC Meter Freestyle

1	Chambers, Mike	40	MMAC	28.48
2	Bowman, Brian	40	MMAC	29.18
3	Watanabe, Gus	41	MMAC	35.52
4	Meldrum, George R	43	Flying Tigers-MB	35.64

Men 40-44 100 SC Meter Freestyle

1	Chambers, Mike	40	MMAC	59.92
	28.29	59.92		
2	Bowman, Brian	40	MMAC	1:04.31
	30.39	1:04.31		
3	Watanabe, Gus	41	MMAC	1:20.73
	38.73	1:20.73		
4	Meldrum, George R	43	Flying Tigers-MB	1:32.22
	40.33	1:32.22		

Men 40-44 50 SC Meter Backstroke

1	Watanabe, Gus	41	MMAC	43.63
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Men 40-44 50 SC Meter Breaststroke

1	Chambers, Mike	40	MMAC	36.32
2	Bowman, Brian	40	MMAC	37.72
3	Watanabe, Gus	41	MMAC	45.35
4	Meldrum, George R	43	Flying Tigers-MB	47.48

Men 40-44 100 SC Meter Breaststroke

1	Bowman, Brian	40	MMAC	1:23.15
	39.11	1:23.15		

Men 40-44 50 SC Meter Butterfly

1	Watanabe, Gus	41	MMAC	41.88
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Men 40-44 100 SC Meter IM

1	Chambers, Mike	40	MMAC	1:09.06
	32.50	1:09.06		
2	Bowman, Brian	40	MMAC	1:17.58
	35.82	1:17.58		

Men 40-44 200 SC Meter IM

1	Chambers, Mike	40	MMAC	2:36.19
	34.22	1:16.58	2:00.74	2:36.19

Men 45-49 50 SC Meter Freestyle

1	Siudowski, Jacek	47	MMAC	28.56
2	Hummelbrunner, Laurin	48	KSS	29.51
3	Calisto, Manny	46	MMAC	37.64

Men 45-49 100 SC Meter Freestyle

1	Calisto, Manny	46	MMAC	1:27.95
	42.14	1:27.95		

Men 45-49 50 SC Meter Breaststroke

1	Hummelbrunner, Laurin	48	KSS	39.94
2	Calisto, Manny	46	MMAC	47.14

Men 45-49 100 SC Meter Breaststroke

1	Calisto, Manny	46	MMAC	1:42.53
	48.50	1:42.53		

Men 45-49 100 SC Meter Butterfly

1	Hummelbrunner, Laurin	48	KSS	1:13.54
	35.01	1:13.54		

Men 45-49 100 SC Meter IM

1	Hummelbrunner, Laurin	48	KSS	1:16.14
	35.53	1:16.14		

Men 50-54 50 SC Meter Freestyle

1	Stothers, Steven	50	MMAC	26.74
2	Leier, Brian	53	MMAC	28.66
3	Robinson, Doug	51	MMAC	32.51

Men 50-54 100 SC Meter Freestyle

1	Leier, Brian	53	MMAC	1:04.58
	30.77	1:04.58		
2	Robinson, Doug	51	MMAC	1:15.93
	35.13	1:15.93		

Men 50-54 400 SC Meter Freestyle

1	VanDenBosch, Ben	54	MMAC	6:00.75
	40.91	1:24.24	2:08.99	2:54.74
	3:40.35	4:27.28	5:14.39	6:00.75

Men 50-54 800 SC Meter Freestyle

1	VanDenBosch, Ben	54	MMAC	12:34.13
	43.61	1:29.85	2:16.47	3:03.39
	3:50.18	4:37.76	5:25.52	6:13.41
	7:01.81	7:50.13	8:37.80	9:26.09
	10:13.67	11:01.35	11:48.44	12:34.13

Men 50-54 50 SC Meter Backstroke

1	Stothers, Steven	50	MMAC	31.85
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Men 50-54 100 SC Meter Backstroke

1	Stothers, Steven	50	MMAC	1:10.47
	34.76	1:10.47		

Men 50-54 50 SC Meter Breaststroke

1	Robinson, Doug	51	MMAC	44.52
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Men 50-54 100 SC Meter Breaststroke

1	VanDenBosch, Ben	54	MMAC	1:35.91
	46.05	1:35.91		

Men 50-54 200 SC Meter Breaststroke

1	VanDenBosch, Ben	54	MMAC	3:24.86
	47.07	1:38.54	2:31.38	3:24.86

Men 50-54 50 SC Meter Butterfly

1	Stothers, Steven	50	MMAC	29.04
2	Leier, Brian	53	MMAC	32.46
3	Robinson, Doug	51	MMAC	36.53

Men 50-54 100 SC Meter Butterfly

1	Stothers, Steven	50	MMAC	1:07.22
	31.51	1:07.22		
2	Leier, Brian	53	MMAC	1:22.76
	38.74	1:22.76		

Men 50-54 200 SC Meter Butterfly

1	Stothers, Steven	50	MMAC	2:37.78
	36.58	1:17.25	1:58.91	2:37.78
2	VanDenBosch, Ben	54	MMAC	3:32.76
	49.06	1:42.50	2:37.60	3:32.76

Men 50-54 100 SC Meter IM

1	Robinson, Doug	51	MMAC	1:29.45
	42.25	1:29.45		

Men 50-54 200 SC Meter IM

1	VanDenBosch, Ben	54	MMAC	3:12.83
	43.91	1:35.35	2:27.94	3:12.83

Men 50-54 400 SC Meter IM

1	VanDenBosch, Ben	54	MMAC	6:45.21
	46.87	1:39.71	2:32.96	3:26.18
	4:18.33	5:12.58	5:59.28	6:45.21

Men 55-59 50 SC Meter Freestyle

1	Mitchell, John	56	MMAC	38.22
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Men 55-59 100 SC Meter Freestyle

1	Bryant, Phil	57	MMAC	1:11.34
	32.56	1:11.34		
2	Mitchell, John	56	MMAC	1:41.67
	45.12	1:41.67		

Men 55-59 200 SC Meter Freestyle

1	Mitchell, John	56	MMAC	3:43.55
	50.89	1:46.97	2:46.01	3:43.55

Men 55-59 400 SC Meter Freestyle

1	Mitchell, John	56	MMAC	7:35.72
	51.35	1:47.50	2:46.14	3:45.95
	4:46.40	5:45.59	6:44.17	7:35.72

Men 55-59 50 SC Meter Backstroke

1	Bryant, Phil	57	MMAC	39.95
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Men 55-59 50 SC Meter Butterfly

1	Bryant, Phil	57	MMAC	39.52
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Men 60-64 50 SC Meter Freestyle

1	Boulding, Paul	60	BBSS-MB	29.80
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Men 60-64 100 SC Meter Freestyle

1	Boulding, Paul	60	BBSS-MB	1:07.73
	32.03	1:07.73		
2	Csepregi, Gabor	61	Mid Can	1:14.46
	35.02	1:14.46		
3	Giesbrecht, Greg	64	Mid Can	1:57.97
	56.28	1:57.97		

Men 60-64 200 SC Meter Freestyle

1	Giesbrecht, Greg	64	Mid Can	4:13.44
	55.13	1:59.43	3:07.91	4:13.44

Men 60-64 50 SC Meter Backstroke

1	Csepregi, Gabor	61	Mid Can	37.58
---	Giesbrecht, Greg	64	Mid Can	DQ

Men 60-64 50 SC Meter Backstroke

1	Boulding, Paul	60	BBSS-MB	41.17
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Men 60-64 100 SC Meter Backstroke

1	Boulding, Paul	60	BBSS-MB	1:48.76
	41.17	1:48.76		

Men 60-64 200 SC Meter Backstroke

1	Csepregi, Gabor	61	Mid Can	3:09.86
	43.48	1:31.92	2:22.37	3:09.86

Men 60-64 50 SC Meter Breaststroke

1	Boulding, Paul	60	BBSS-MB	38.41
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Men 60-64 100 SC Meter Breaststroke

1	Boulding, Paul	60	BBSS-MB	1:22.48
	39.19	1:22.48		

Men 60-64 50 SC Meter Butterfly

1	Giesbrecht, Greg	64	Mid Can	1:07.42
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Men 60-64 100 SC Meter IM

1	Boulding, Paul	60	BBSS-MB	1:22.79
	40.54	1:22.79		

Men 60-64 200 SC Meter IM

1	Boulding, Paul	60	BBSS-MB	3:00.75
	41.66	1:32.31	2:20.82	3:00.75

Men 65-69 50 SC Meter Freestyle

1	Groff, Bob	65	Mid Can	36.21
2	Cameron, Ron	68	MMAC	38.69

Men 65-69 100 SC Meter Freestyle

1	Cameron, Ron	68	MMAC	1:25.75
	41.10	1:25.75		
2	Brown, Hugh	67	MMAC	1:35.89
	46.54	1:35.89		

Men 65-69 200 SC Meter Freestyle

1	Cameron, Ron	68	MMAC	3:16.66
	43.43	1:32.48	2:25.70	3:16.66

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Men 65-69 400 SC Meter Freestyle

1	Groff, Bob	65	Mid Can	7:21.99
	46.79	1:42.09	2:40.12	3:38.02
	4:35.22	5:31.79	6:27.46	7:21.99
2	Brown, Hugh	67	MMAC	9:00.82
	53.97	1:58.52	3:07.08	4:18.94
	5:28.11	6:40.57	7:55.89	9:00.82

Men 65-69 50 SC Meter Backstroke

1	Groff, Bob	65	Mid Can	43.42
2	Cameron, Ron	68	MMAC	53.18

Men 65-69 100 SC Meter Backstroke

1	Groff, Bob	65	Mid Can	1:43.87
	50.94	1:43.87		
2	Brown, Hugh	67	MMAC	2:13.68
	1:04.07	2:13.68		

Men 65-69 200 SC Meter Backstroke

1	Groff, Bob	65	Mid Can	3:36.95
	49.01	1:44.39	2:44.56	3:36.95

Men 65-69 50 SC Meter Breaststroke

1	Cameron, Ron	68	MMAC	49.92
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Men 65-69 100 SC Meter Breaststroke

1	Cameron, Ron	68	MMAC	1:53.29
	54.68	1:53.29		
2	Brown, Hugh	67	MMAC	1:54.71
	55.38	1:54.71		

Men 65-69 200 SC Meter Breaststroke

1	Brown, Hugh	67	MMAC	4:23.32
	59.99	2:07.32	3:18.64	4:23.32

Men 65-69 100 SC Meter IM

1	Cameron, Ron	68	MMAC	1:45.28
	52.33	1:45.28		

Men 65-69 200 SC Meter IM

1	Brown, Hugh	67	MMAC	4:16.82
	57.77	2:07.95	3:17.01	4:16.82

Women 120-159 200 SC Meter Freestyle Relay

1	MMAC	A	2:04.65
	1) Horne, Ruth W46	2) Goldhawk, Cheryl W48	
	3) Lambert, Stephanie W25	4) Kardash, Larisa W26	
	30.36	1:01.98	1:37.01 2:04.65
2	Flying Tigers-MB	A	2:37.70
	1) Hagans, Amber W26	2) Roy, Julia W54	
	3) Chomichuk, Diana W43	4) Bennett, Deanne W29	
	38.26	1:27.41	2:05.51 2:37.70

Women 120-159 200 SC Meter Medley Relay

1	MMAC	A	2:32.05
	1) Mostaco-Guidolin, Leila B W28	2) Horne, Ruth W46	
	3) Kardash, Larisa W26	4) Sabiston, Cynthia M W41	
	37.63	1:19.77	1:51.21 2:32.05

Women 280-319 200 SC Meter Medley Relay

1	BBSS-MB	A	4:09.80
	1) Rubin, Clarice W84	2) Kennedy, Vicki W71	
	3) Boulding, Sally W58	4) Howland, Laurie W67	
	1:16.37	2:42.78	3:23.52 4:09.80

Men 160-199 200 SC Meter Freestyle Relay

1	MMAC	B	2:04.35
	1) Breiter, Kevin M30	2) Mitchell, John M56	
	3) Robinson, Doug M51	4) Chambers, Mike M40	
	28.09	1:04.49	1:37.14 2:04.35

Men 160-199 200 SC Meter Medley Relay

1	MMAC	A	2:13.01
	1) Coyne, Kevin M30	2) Chambers, Mike M40	
	3) Stothers, Steven M50	4) Leier, Brian M53	
	36.95	1:12.90	1:43.87 2:13.01

Men 200-239 200 SC Meter Freestyle Relay

1	MMAC	C	2:16.38
	1) VanDenBosch, Ben M54	2) Calisto, Manny M46	
	3) Siudowski, Jacek M47	4) Watanabe, Gus M41	
	35.08	1:12.50	1:40.79 2:16.38
2	MMAC	A	2:18.26
	1) Brown, Hugh M67	2) Cameron, Ron M68	
	3) Leier, Brian M53	4) Stothers, Steven M50	
	41.30	1:20.05	1:49.98 2:18.26

Men 200-239 200 SC Meter Medley Relay

1	MMAC	B	2:43.28
	1) Cameron, Ron M68	2) Calisto, Manny M46	
	3) Bryant, Phil M57	4) Robinson, Doug M51	
	38.95	1:25.34	2:03.23 2:43.28
2	MMAC	C	3:07.89
	1) Brown, Hugh M67	2) Watanabe, Gus M41	
	3) VanDenBosch, Ben M54	4) Mitchell, John M56	
	58.34	1:47.32	2:30.04 3:07.89

Mixed 120-159 200 SC Meter Freestyle Relay

1	MMAC	B	2:18.15
	1) Lee, Kimberly W34	2) Mostaco-Guidolin, Leila B W28	
	3) Bowman, Brian M40	4) Calisto, Manny M46	
	37.67	1:10.99	1:41.53 2:18.15
---	MMAC	A	DQ
	1) Stothers, Steven M50	2) Widtfeldt, John M27	
	3) Horne, Ruth W46	4) Lambert, Stephanie W25	
	28.58	58.93	1:31.54 DQ

Mixed 120-159 200 SC Meter Medley Relay

1	Flying Tigers-MB	A	2:50.82
	1) Hagans, Amber W26	2) Highmoor, Lisa W44	
	3) Martin, Justin M25	4) Meldrum, George R M43	
	46.58	1:42.87	2:15.49 2:50.82

Mixed 160-199 200 SC Meter Freestyle Relay

1	Flying Tigers-MB	A	2:33.53
	1) Jarrett, Jo W39	2) Roy, Julia W54	
	3) Meldrum, George R M43	4) Martin, Justin M25	
	34.42	1:25.45	2:05.03 2:33.53

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Mixed 160-199 200 SC Meter Medley Relay

1	MMAC	A	2:31.23
	1) Mostaco-Guidolin, Leila B W28	2) Robinson, Doug M51	
	3) Lambert, Stephanie W25	4) Breiter, Kevin M30	
	39.90	1:25.95	2:03.06 2:31.23

Mixed 200-239 200 SC Meter Medley Relay

1	MMAC	B	3:01.40
	1) Watanabe, Gus M41	2) Clark, Lynne W41	
	3) Sapirstein, Sheila W51	4) Brown, Hugh M67	
	43.88	1:32.09	2:18.43 3:01.40

Mixed 240-279 200 SC Meter Freestyle Relay

1	Mid Can	A	2:28.72
	1) Csepregi, Gabor M61	2) Dickens, Wenda W61	
	3) Groff, Bob M65	4) Palmer, Francie W60	
	33.64	1:11.39	1:47.04 2:28.72